



IRIE BITES

Local Caribbean Cuisine

MONDAY

Pasta Salad (V), Sweet Plantains (DF, GF, VE),
Peas and Rice (GF, V), Sautéed Vegetables (GF, V),
No Joke Jerk Chicken (DF, GF), Escovitch Fish (DF,S),
Jerk and BBQ sauce (DF, GF)

TUESDAY

Cole Slaw (GF, V), Corn on the Cob (GF, V),
Mac and Cheese, Peas and Rice (GF, V),
BBQ Pork Chops (DF, GF),
No Joke Jerk Chicken (DF, GF),
Jerk and BBQ sauce (DF, GF)

WEDNESDAY

Garden Salad (DF, GF), Calypso Rice (GF, V),
Vital Veggies (GF, V), Better Corn Than Horn (GF, V),
No Joke Jerk Chick (DF, GF),
Curry Goat in your Throat (DF, GF),
Jerk and BBQ sauce (DF, GF)

THURSDAY

Garden Salad (DF, GF), Peas and Rice (GF, V),
Braised Cabbage and Carrots (GF),
Brown Stew Beef (DF, GF), Jamaican Festival,
No Joke Jerk Chicken (DF, GF),
Jerk and BBQ sauce (DF, GF)

FRIDAY

Haitian Pikliz (DF, GF), Peas and Rice (GF, V),
Dominican Tostones (DF, GF, VE),
Escovitch Fish (DF,S), Griot (Fried Pork) (DF, GF),
No Joke Jerk Chick (DF, GF),
Jerk Sauce and BBQ Sauce (DF, GF)

SATURDAY

Pasta Salad (V), Sweet Plantains (DF, GF, VE),
Peas and Rice (GF, V), Sautéed Vegetables (GF, V),
No Joke Jerk Chicken (DF, GF), Escovitch Fish (DF,S),
Jerk and BBQ sauce (DF, GF)

SUNDAY

Garden Salad (DF, GF, VE), Peas and Rice (GF, V),
Sweet Plantains (DF, GF, V), Creole Style Fish,
No Joke Jerk Chicken (DF, GF),
Jerk Sauce and BBQ Sauce (DF, GF)

Please inform your server of any allergies or dietary restrictions.

Dairy Free (DF) Gluten Free (GF) Contains Seafood (S) Vegan (VE) Vegetarian (V)